



Student Self-Assessment Questions Grade 3

Directions for Students:

1. Today, we are gathering information on how you make decisions, relate to people around you, and approach your schoolwork. This will help us to be more effective teachers and learners. Once we start, the exercise will take about 15 minutes to complete.
2. This is not a test. There is no right or wrong answer. There is no way to fail this exercise or get a high score. Simply answer the questions as honestly as you can.
3. There will be 45 statements in this exercise. For each of the statements, you will be asked how much you agree or disagree with the statement. You have five options for your response. Please listen carefully as I explain these five options. And please ask questions at any time if you are confused by something I say.
4. For example, a statement might say: "I am really good at listening to what my teacher is telling the class"
5. You have five options for your response. If this statement describes you pretty well, then you might say, "I agree." If you feel that this statement describes you very well, you might say, "I strongly agree." If it does not describe you—if, for example, you sometimes get distracted and can't focus on what your teacher is saying,—you might say, "I disagree." If you do not feel you are good at all at listening to what your teacher is saying, you might say, "I strongly disagree." If you are really in the middle and cannot respond one way or the other, then you might say you are "neutral" on this question—in other words, you neither agree nor disagree.
6. To repeat, for each statement you have five possible responses: strongly agree, agree, disagree, strongly disagree, or neutral.
7. There are no right or wrong answers in this exercise. You should simply respond to the statements honestly and from your own perspective. That is what is most important.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	2	3	4	5



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1. I stay calm and focused when completing my schoolwork.
2. I have many good ideas.
3. When I have a problem at school, I am good at figuring out what to do.
4. I think things through before I act.
5. I can concentrate in class for long periods of time.
6. I am well behaved at school.
7. When I am excited, I can still manage to sit still and listen.
8. When I am upset about something, I am more careful about what I say or do.
9. When another kid is upset, I can normally understand why they are feeling that way.
10. I avoid behaviors that could lead to other people getting hurt.
11. I have a good sense of what other people are feeling.
12. I am a good team member.
13. My teachers would say that I make good decisions.
14. I am better at being safe than other kids in my class.
15. I am good at controlling my feelings during a test or exam.
16. I am sure about how to behave in most situations.
17. I am confident that I can deal with problems in my life.
18. I like who I am as a person.
19. My teachers would describe me as someone who is very helpful.
20. I ask for help when I need it.
21. I can tell when I have hurt someone's feelings.
22. I can tell if someone that I am talking to is bored.
23. I know how to stop arguments with other kids from getting out of hand.
24. I can calm myself down if I feel stressed at school.
25. I get along well with other kids.
26. I will be happy and successful in my life.
27. I apologize when I've accidentally hurt someone.
28. I am good at learning new things.
29. I can keep my emotions under control.
30. I like practicing new things that I have learned.
31. My teacher thinks that I have good manners.
32. It bothers me when other kids break school rules.
33. In class I know how to describe my ideas very clearly.
34. I avoid doing things that are dangerous.
35. I know how my teachers expect me to behave.
36. I think carefully about all my options when I have to make a decision.



37. I feel sorry for kids who seem to be sad or unhappy about something.
38. I am confident that I can do what is being asked of me at school.
39. I am very good at telling what other kids are feeling.
40. I am careful about how I act when I am angry or upset.
41. When I feel sad or angry, I understand why I feel that way.
42. I listen carefully when my teachers explain something to the class.
43. I have a lot to contribute to my class.
44. I am a good listener.
45. I work very well with other students.