



## Compliance Check for Pembroke Pines Charter Schools 2022-2023 Wellness Policy Assessment

COMPONENT and Compliance Area	# Schools in Full Compliance	# Schools in Partial Compliance	# Schools Not in Compliance	Comments
<b>Policy</b>				
School District shall implement and maintain a Local Wellness Policy Advisory Committee to establish standards for all foods and beverages and to establish goals for student nutrition education, physical activity and wellness.	7	0	0	PPCSS has a wellness policy advisory committee that consists of an administrator, PE coaches, advisory board members, community members, employees from Chartwells, and students. In addition, there is a wellness committee liaison at every campus.
<b>Nutrition Guidelines</b>				
Food Service personnel will offer varied and nutritious food choices that are consistent with the federal government's current Dietary Guidelines for Americans.	7	0	0	Chartwells uses a dietary program tool to ensure that the guidelines are met.
Food Service personnel will ensure lunch meals are designed to provide 1/3 of the Recommended Dietary Allowances (RDA) appropriate for age or grade level for the following nutrients: calories, protein, calcium, iron, vitamin A, and vitamin D. Breakfast meals provide ¼ of the RDA's for these nutrients.	7	0	0	Chartwells uses a dietary program tool to ensure that the guidelines are met.
School and Food Service personnel will encourage students to start each day with a healthy breakfast.	7	0	0	PPCSS has Universal Free Breakfast. All students receive a free breakfast. The breakfast menus are posted on the system's website and in the cafeteria.
School and Food Service personnel will plan menus with input from students, family members, and other school personnel and should take into account students' cultural norms and preferences.	7	0	0	The elementary campuses have YAC or NAC committees. These student committees meet to discuss menu options. The middle and high school students may submit feedback online. Parents have opportunities to ask questions and comment during advisory board meetings.
Food Service personnel will arrange that all school meals will feature a variety of age-appropriate healthy choices that are tasty, attractive, and of high quality.	7	0	0	Chartwells uses a dietary program tool to ensure that the guidelines are met.
Food Service personnel will ensure all school meals will be prepared in a way that maximizes nutrient density and reduces fat and sodium.	7	0	0	Chartwells uses a dietary program tool to ensure that the guidelines are met.
School personnel will follow guidelines in place to promote healthy food and beverage choices in the classroom.	7	0	0	The schools follow the Smart Snack standards.
School personnel will encourage parents and caregivers to support a healthy school environment by providing a variety of nutritious foods if meals or snacks are sent from the home.	0	7	0	Teachers often encourage parents to send healthy snacks to school. Healthy eating tips are posted on the system's website.
School and food personnel will actively support the school's nutrition education to students.	7	0	0	Nutrition information is shared with students through morning announcements, in homeroom classes, on bulletin boards, during PE classes, and through other activities.
School personnel will ensure all a la carte snacks and beverages offered for sale to students during the school day comply with USDA regulations prohibiting the sale of "foods of minimal nutritional value.	7	0	0	The schools follow the Smart Snack standards.
School personnel will ensure nutrition information for a la carte snacks and beverages offered in snack bars, meal service lines, vending and school stores is readily available to students, parents and the school community.	7	0	0	Ala-carte items that are purchased through Chartwells have labels.
School personnel will provide adequate lunch time for students to enjoy eating healthy foods and socializing, scheduled near the middle of the school day as possible.	7	0	0	All schools follow a lunch schedule that allows the students to have adequate lunch time.
Food Service personnel will provide adequate serving space for meals. Efficient methods of service will be used to ensure students have access to school meals with a minimum amount of waiting time.	7	0	0	Chartwells conducts frequent trainings for the food service personnel that focus on efficient methods of service. School personnel also help students if needed.
Food Service personnel will provide adequate seating to accommodate all students served during each meal period. Adequate supervision will be provided in the dining area. The dining area will be clean, orderly and inviting.	7	0	0	All schools follow a lunch schedule that allows students to have adequate seating during lunch.
Food Service personnel will ensure students have access to water during breakfast and lunch at all campuses so that they may always have the option of drinking water.	7	0	0	There are water fountains in the cafeterias at the FSU, east, central, and AV campuses. There are water dispensers at the west elementary and west middle.

COMPONENT and Compliance Area	# Schools in Full Compliance	# Schools in Partial Compliance	# Schools Not in Compliance	Comments
<b>Food Safety</b>				
Food Service personnel will ensure all food service equipment and facilities will meet applicable local and state standards for safe food preparation and handling, sanitation, and workplace safety.	7	0	0	Chartwells conducts frequent trainings for the food service personnel that focus on standards for safe food preparation and handling, sanitation, and workplace safety. Health inspections are also conducted.
Food Service personnel have maintained the Associate Food Safety and Sanitation Handbook to provide effective food safety and sanitation training for newly hired associates.	7	0	0	The food service personnel have maintained the Associate Food Safety and Sanitation Handbook.
Food Service personnel has continued training of associates, using the 24 Five-Minute Training Topics Worksheet, which guides unit managers through the food safety program/HACCP plan implementation process, allowing them to track their progress.	7	0	0	Chartwells conducts frequent trainings for the food service personnel.
<b>Nutrition Education</b>				
School personnel will arrange for students to have the opportunity to participate in a variety of classroom nutrition education learning experiences based on the curricular framework of the nutrition benchmarks included in Florida's Physical Education Standards.	7	0	0	All schools follow the Florida State Standards.
School personnel will provide physical education with an emphasis on the skills and curricular areas defined in the Florida Physical Education Standards.	7	0	0	All schools follow the Florida State Standards.
The District's Local Wellness Policy Advisory Committee will review nutrition education curricula and materials for accuracy, completeness, and consistency with the goals of the wellness plan.	0	7	0	The wellness liaisons review the nutrition education curricula at each campus.
The school cafeteria will serve at a "learning laboratory". Food Service personnel will make sure attractive and current nutrition education materials will be prominently displayed in dining areas.	3	4	0	My Plate posters and other Food Focus materials are displayed in the cafeteria.
Food service personnel will market school meals to appeal to all students who will be encouraged to choose and consume a full meal.	7	0	0	Food service personnel are trained to encourage the full meal. Demo plates are also used.
<b>Physical Education and Activity</b>				
School personnel will guarantee students will be given opportunities for physical activity during the school day through recess periods, physical education (P.E.) classes, and other activities. Schools will promote an environment supportive of physical activity.	7	0	0	The schools support an atmosphere of physical activity through PE classes, recess periods, and other activities.
The District's Local Wellness Policy Advisory Committee will coordinate a calendar of Wellness events that will be highlighted throughout the year to give students and families opportunities to participate in physical activities.	0	7	0	Each campus keeps a calendar of events, including wellness events.
School personnel will arrange for students to be given opportunities for physical activity through a range of after-school programs including intramurals, interscholastic athletics, and physical activity clubs.	7	0	0	Middle and high school students are given opportunities for after-school athletics. The elementary campuses have some after-school opportunities. All elementary schools have an afterschool program that incorporates physical activity.
Physical education classes are taught by state certified instructors in an environment where students learn, practice and are assessed on developmentally appropriate motor skills, social skills, and knowledge.	7	0	0	All PE teachers are certified to teach in the state of Florida.
The Pembroke Pines Charter Schools (PPCS) will promote a positive environment for physical activity by providing a physical and social environment that encourages safe and enjoyable activities for all students, including those who are not athletically inclined. Recess will be provided for elementary students.	7	0	0	The system promotes a positive environment for physical activity for all students. Recess is provided for elementary students.
<b>Other School Based Activities to Promote Student Wellness</b>				
PPCS follows the Smart Snacks in School nutrition standards that apply to foods sold to students on the school campus during the school day	7	0	0	The system follows the Smart Snacks standards.
School personnel and parents are encouraged to include healthy food offerings, as defined in this policy, at school parties and events to support a healthy environment throughout the district.	7	0	0	The system follows the Smart Snacks standards.
<b>Professional Development</b>				
Chartwells at PPCS will ensure that each week, associates participate in a five-minute training session to stay up-to-date on safety and sanitation policies and procedures.	7	0	0	Chartwells offers daily and monthly trainings for the food service personnel.

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<b>Policy Implementation</b>				
PPCS will assure that the guidelines for reimbursable meals shall not be less restrictive than regulations and guidance issued by USDA.	7	0	0	Chartwells follows the regulations and guidance issued by USDA.
The Wellness Policy will be reviewed and revised annually by the District's Local Wellness Policy Advisory Committee.	7	0	0	The wellness committee meets annually to review and revise the wellness policy. The policy is also presented to all three advisory boards and then approved by the system's governing board, the City Commission.

\*The Pembroke Pines Charter School System's local wellness policy is in line with the State of Florida's model local school wellness policy.