

# chartwells

eat. learn. live.



August 1, 2019

Dear Parent(s),

As the beginning of the school year quickly approaches, we want to extend a warm welcome back to school and back to the café! Chartwells K12 and Pembroke Pines Charter schools are eager to welcome you and your student back to the school café with new flavors, events, and food and wellness education that surely to inspire a healthy and fun 2018-19 school year!

**SIMPLY  
GOOD**

## New Menus and Café Spaces

Chartwells K12 chefs and dietitians have been hard at work testing and developing a fresh, new menu for the coming school year designed specifically for Pembroke Pines Charter students that includes a wide variety of healthy and delicious options. These menus were created using student input from surveys, tastings and everyday conversations as well as local food trends, flavors and produce. The new menu includes:

- Nashville Hot Sandwich (The Student Choice Winner!)
- Patty Melt Sandwich (A Survey Standout)
- Breaded Chicken Legs (Rivals KFC, but it's baked not fried!)

**STUDENT  
CHOICE**  
FOOD YOUR WAY

## Mobile Menus are in Your Hands

We are really excited to continue to put the power of the school menu, nutrition and allergen information right to the palm of your hand via Nutrislice! In addition to nutrition information, Nutrislice tells the café menu story with real photos taken by Chartwells chefs in schools, full menu descriptions as well as café event information, nutrition education and food stories helping students connect the foods they eat in the café to its origins and health benefits.

Nutrislice is available online through smartphones the web! Download the free Nutrislice App from the App Store (iOS) or Google Play (Android) and search for your menus or find them on the web: <http://pinescharter.nutrislice.com/>



## Food & Nutrition Education:

Throughout the year, students will have the opportunity to learn about their food and healthier food options through fun and engaging activities that we have planned in the school cafeteria. Through our *Discovery Kitchen: Powered by Simply Good* food and nutrition education program, brought to the café by Chartwells chefs and dietitians, students will learn about healthier meal options, especially ones with fruits, vegetables, whole grains and lean proteins. In addition, students will have the opportunity to meet and engage with real Chartwells chefs through fun, exciting culinary demonstrations and new food samplings. We will feature a variety of themes and events - look for more information on these special events coming soon.



We are looking forward to an exciting new year!

Warm Regards,

*Javier Diaz*

Foodservice Director  
Chartwells K12



**nutrislice**